



**SGT UNIVERSITY**  
**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY**  
**GURGAON, DELHI-NCR**

*(Established by the Haryana Act No.8 of 2013)*

## **Name of the Event-**

**"Nukkad Natak & Health Education on  
the theme of Menstrual Hygiene"**

**NAME OF THE FACULTY- Faculty of Nursing**

**NAME OF THE EVENT – Nukkad Natak & Health Education on the  
theme of Menstrual Hygiene**

**NAME OF THE ASSOCIATION- Pflege Association under the  
department of Obstetrics & Gynecological Nursing, under which it has  
been organized in collaboration with Shivajay Health Care**

**DATE- 2<sup>nd</sup> December 2021, TIME :11am – 1 pm**



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**ORGANIZERS:** Obstetric and Gynecological Nursing department, Faculty of Nursing , SGT University in collaboration with Department of Community Health & Development , ST Stephens Hospital, Delhi-Gurugram has organized a “Mothers to Mothers Health Interaction Training Programme” under TOT(Training of Trainers) on promotion of Home Based Nutrition for infants & toddlers on 9<sup>th</sup> December 2021.

**OBJECTIVE OF THE PROGRAMME:** To educate identified prominent mothers regarding safe motherhood.

**AUDIENCE:** 25 prominent mothers of the Budhera village

## BRIEF REPORT OF THE PROGRAMME

The Obstetric and gynaecological Nursing department, Faculty of Nursing , SGT University in collaboration with Department of Community Health & Development , ST Stephens Hospital, Delhi-Gurugram has organized a “Mothers to Mothers Health Interaction Training Programme” under TOT(Training of Trainers) on promotion of Home Based Nutrition for infants & toddlers on 9<sup>th</sup> December 2021 at Budhera Village, Gurugram. The program was started at 11 am. The participants were 25 prominent mothers of the village. A pre-test was administered before to the commencement of the session to determine the level of understanding. Prof. (Dr.) Akoijam Mamata Devi led a session on antenatal care, antenatal visit, and several government initiative programmes connected to maternal care such as Janani Surakshya Yojana, Janani Sishu Surakshya Yojana, MAA, PMSMA, and birth preparedness after the pre-test. Ms Banapriya then discussed on antenatal diet and safety precautions to consider throughout pregnancy. The whole programme was organized under the supervision of Prof. (Dr.) Akoijam Mamata Devi, HOD of Obstetrics & Gynaecological Nursing with the faculty members Ms. Banapriya & Mr Abhishek Mishra.

**CONCLUSION:** The purpose of the programme was fulfilled as the participants were actively listening the session and equally participated during the session. Participants also felt that the programme was organized very well and such type of activities should be arranged regularly at community to improve the public Awareness.







## ATTENDANCE SHEET

### (Nukkad Natak on Menstrual Hygiene)

Date : 9<sup>th</sup> Dec 2021

S.No	Name of student	Remark
1.	Varsha	P
2.	Arti mishra	P
3.	Aman	P
4.	Neha	P
5.	Monika	P
6.	Nancybhardwaj	P
7.	Neelam	P
8.	Nishamalik	P
9.	Pooja	P
10.	Priyayadav	P
11.	Santoshyadav	P
12.	Shwetakumari	P
13.	Simran	P
14.	Tanya	P
15.	Vershayadav	P
16.	Riturani	P
17.	Vibhakumari	P
18.	Meenakshirana	P
19.	Shweta	P
20.	Himani kashyap	P
21.	Anjali	P
22.	Roopa Kumari	P
23.	Pooja	P
24.	Roopa kumari	P
25.	Himani kashyap	P





